



**GREEN
LEAN
CLEAN**
DIETARY MEAL DELIVERY

April 2021 Soups

Cup (8 oz.): \$5.00 Bowl (16 oz.): \$9.00F

- **Monthly Soup: Healthy Quinoa and Kale Minestrone Soup**

A healthy take on a classic veggie, Italian minestrone soup! Packed with yellow onion, carrots, kale, celery, zucchini, bell peppers, green beans and fresh herbs. With quinoa and garbanzo beans added makes this a perfect soup for a meal replacement.

- **Vegan Coconut Zucchini Curry (v)**

Zucchini, spinach, carrots, onions, fresh garlic, veggie stock, turmeric, curry, cayenne pepper, coconut milk, salt and pepper

- **Enchilada Chicken and Cheese Soup**

Our fresh shredded chicken brewed in a green enchilada, fat-free Greek yogurt base. Topped with fresh cilantro, mixed cheese, and fresh herbs, makes for a hearty soup and filling enough to replace a meal.

- **Vegan Citrus Rosemary White Bean Soup**

A light vegan soup made with our homemade veggie stock, with fresh veggies and great northern white beans. Pureed with a non-dairy tahini sauce and fresh lemon.

v = vegetarian | vg = vegan | gf = gluten free